



2021

Special Needs
Resource Directory



1391 Martine Avenue, Scotch Plains, NJ 07076
908-889-8800 • www.jccnj.org

The JCC of Central New Jersey is committed to the inclusion of people of all abilities, backgrounds, denominations, gender identity and religious affiliations into all of our programs. We are committed to making our Wilf Jewish Community Campus a barrier-free environment and our programs equally inclusive. We believe inclusion is an attitude, not an activity. Inclusion is belonging.

In honor of February's Jewish Disability Acceptance, Awareness and Inclusion Month (JDAIM), we have compiled a list of professional agencies and businesses across the state that support people with disabilities and their families. Feel free to print or electronically share this directory with others to ensure as many people as possible benefit from these resources.

Thank you to our partners at Greater MetroWest ABLE for supporting this collaborative interagency effort in honor of JDAIM.





Accessible Telecommunications

NJ Relay & CapTel

Accessible telecommunications services for people who struggle to hear and/or speak on phone. These services, including Captioned Telephone (CapTel) and captioning service, are available at no charge in New Jersey.

Lori Timney, Customer Relations Manager for NJ Relay & CapTel

lori.timney@t-mobile.com

www.njrelay.com

(732) 440-8822

Sprint/T-Mobile 2nd Floor,

10 Independence Boulevard Warren, NJ 07059

Adaptive Swim

Adaptive Swim Lessons at the JCC of Central NJ

One-on-one 30-minute aquatics classes, taught by our trained swim instructors, are ideal for children with special needs. Lessons are adapted and customized to each child's specific needs and challenges in the water.

Kim Koza, Director of Aquatics and Recreation

kkoza@jccnj.org

www.jccnj.org

(908) 889-8800 x259

1391 Martine Avenue Scotch Plains, NJ 07076

Adult Support Services

Jewish Service for the Developmentally Disabled

Provide residential, day habilitation (WAE Center), education and advocacy and coordination of services for adults with developmental disabilities.

Linda Press, Executive Director

lpress@jsddmetrowest.org

www.jsddmetrowest.org

(973) 272-7148

270 Pleasant Valley Way West Orange, NJ 07052



Advocacy Services

Learning Disabilities Assoc. of NJ

Volunteer organization of families, educators, professionals and students. Provides resources and information related to learning disabilities for all ages. Organizes two conferences per year. Mailing list registrants receive the monthly bulletin board September through June, which provides events happening in NJ and nearby states and relevant information about LD regarding legislation, evaluations, educational materials, etc.

Leslie Rubinstein

info@LDANJ.org

www.LDANJ.org

(732) 645-2738

614 Cranbury Road, Unit 6268 East Brunswick, NJ 08816

SPAN Parent Advocacy Network

Empowering families as advocates and partners in improving education, health, and mental health outcomes for infants, toddlers, children and youth.

info@spanadvocacy.org

www.spanadvocacy.org

(973) 642-8100

Toll-free in NJ: (800) 654-SPAN (7726)

35 Halsey Street, 4th Floor Newark, NJ 07102

Art Therapy

Art Talks LLC

Pediatric counseling and art therapy

Diane Quiroga

ArtTalksLLC@gmail.com

www.ArtTalksLLC.com

(908) 397-9118

500 Morris Avenue, Suite 118 Springfield, NJ 07081



Behavior Analysis and Supports

Achieve Beyond

Providing ABA therapy through health insurance in home, community, and telehealth locations, and coming soon (3/2021) in our Westfield clinic.

Tara Karen

tkaren@achievebeyondusa.com

www.achievebeyondusa.com

(877) 654-0999

424 Central Avenue, Second Floor, Unit 2 Westfield, NJ 07090

Anchor Behavioral Solutions

Anchor Behavioral Solutions (ABS) provides support, education and advocacy services to individuals with intellectual and developmental disabilities. That's a very formal description of what we consider to be our mission. Ultimately, helping individuals and families master the challenges of living with a developmental disability and making their lives as joy-filled and rewarding as possible is the goal of ABS.

Gabriela Burgos

info@myanchor.org

www.myanchor.org

(862) 233-7552

59 Main Street, Suite 310 West Orange, NJ 07052

Functional Behavior Solutions, LLC

We provide in-person and telehealth behavioral consultation and ABA services to families and schools, supporting children with autism spectrum disorders, behavioral challenges, feeding difficulties, ADHD, anxiety and OCD symptoms. We work with children and families to improve skills and overall quality of life through pragmatic, evidence-based treatment and consultation based on the principles of Applied Behavioral Analysis (ABA) and Acceptance and Commitment Training (ACT).

Jill Saxon, PhD, BCBA-D

info@functionalbehaviorsolutions.com

www.functionalbehaviorsolutions.com

(908) 913-0743

Serving families in northern and central NJ. Telehealth services available.

Westfield, NJ 07090



Nicole L. Stewart

BCBA/ABA therapy

Nicole Stewart

nicolestewartBCBA@gmail.com

solutionsforexceptionalchildren.com

(973) 761-3542

20 Oakview Ave Maplewood, NJ 07040

Day and Sleepaway Camps

Camp Yachad at the JCC of Central NJ

The Camp Yachad Shadow Program provides a 1:1 shadow for campers with special needs, age 24 months through 8th grade, so they can fully participate in the camp experience within a same-age camp group. Camp Yachad also offers paid, supported employment opportunities to high school students and young adults with disabilities through our Skills Training Program.

Mallory Zipkin, Camp Director

mzipkin@jccnj.org

www.jccnj.org

(908) 889-8800 x240

1391 Martine Avenue Scotch Plains, NJ 07076

Round Lake Camp/NJY Camp

Round Lake at NJY Camps is an inclusive sleep away program for children ages 7-17 with diverse needs. All traditional camp programs are provided such as STEM, the arts, swimming, sports and adventure courses. In addition, OT, speech and academic supports are available for those who qualify.

Aryn Barer

rlc@njycamps.org

<https://roundlakecamp.org>

(973) 575-3333 x145

21 Plymouth Street Fairfield, NJ 07004



Dentists and Orthodontists

Dental Sedation Services

We provide hospital-grade anesthesia services to dental specialists in New Jersey and the New York metropolitan area. Our office-based anesthesia services make dentistry more accessible and affordable. Patients with special needs may exhibit high levels of anxiety when faced with treatment and can benefit from sedation dentistry.

Ami Patel

info@dentsed.com

www.dentsed.com

(732) 986-3690

30 Knightsbridge Road, Suite 525 Piscataway, NJ 08854

Oceans Orthodontists & Pediatric Dentistry

Special needs dentistry specializing in using ABA therapy and desensitization techniques to help children with disabilities find comfort at the dental office. Experience working with children on the autism spectrum, ADHD and other disabilities.

Dr. Aimee Leibowitz, DDS

office@oceanswestfield.com

www.oceanswestfield.com

(908) 654-4949

522 East Broad Street Westfield, NJ 07090

Early Childhood Inclusion Programs

Brody Family Early Learning Center at the JCC of Central NJ

Our infant through kindergarten program is inclusive, and staff participate in extensive training on understanding age-appropriate developmental milestones. We collect data to inform our teaching practices and provide individualized accommodations for children in need.

Robin Brous, Associate Executive Director and Early Childhood Director

rbrous@jccnj.org

www.jccnj.org

(908) 889-8800 x204

1391 Martine Avenue Scotch Plains, NJ 07076



Educational Consulting

Solutions for Exceptional Children

Educational consulting and training

Nicole Stewart and Cheryl Irwin

solutions4exceptionalchildren@gmail.com

www.solutionsforexceptionalchildren.com

(973) 761-3542

20 Oakview Avenue Maplewood, NJ 07040

Financial Planning

Allied Wealth Partners Special Needs Division

Estate planning and financial planning for families with a child with special needs.

Earl Pedersen

epedersen@alliedwealthpartners.com

www.alliedwealthpartners.com

(973) 265-1317

14 Walsh Drive, Suite 100 Parsippany, NJ 07054

MassMutual NJ/NYC

Special care planner helping families take care of their personal as well as the SNIs needs.

Rekha Trivedi

rtrivedi@financialguide.com

(201) 699-7901

379 Thornall Street Edison, NJ 08837

Higher Education Support

College Steps

College Steps is a nonprofit that provides customized, college support for students with learning and social challenges such as learning disabilities, autism and executive functioning deficits. College Steps supports students to achieve success in post-secondary education, work and life. Partnering campuses in New Jersey include County College of Morris and Kean University.

Brya Emery

admissions@collegesteps.org

www.collegesteps.org

(888) 732-1022 x1



Jewish Federation and Jewish Community Centers

Jewish Abilities Alliance of the Jewish Federation of Southern NJ

The Jewish Abilities Alliance of the Jewish Federation of Southern New Jersey is committed to enhancing the quality of life for individuals with special needs. We are a collaborative of local synagogues and agencies who coordinate services for people with disabilities in our communities. Our Supportive Services Navigator is available to provide individual, concierge-style support services to individuals and families seeking resources.

Lauren Rudin, Supportive Services Navigator

LRudin@jfedsnj.org

<https://southjersey.jewishabilities.org>

(856) 751-9500 x1407

1301 Springdale Road, Suite 200 Cherry Hill, NJ 08003

Jewish Federation of Greater MetroWest, Greater MetroWest ABLE

Greater MetroWest ABLE, a department of the Jewish Federation of Greater MetroWest is a network of community leaders and professionals that work together to advocate for and support individuals with disabilities and their families. ABLE works with families, synagogues and agencies within our community to ensure the active and meaningful participation of all our community's members, with opportunities for access to every aspect of Jewish life.

Rebecca Wanatick, Manager of Community Inclusion

rwanatick@jfedgmw.org

www.greatermetrowestABLE.org

(973) 929-3129

901 Route 10 Whippany, NJ 07981

JCC of Central NJ

Inclusion programming for children birth through young adult. Programs include: Early Childhood, All Day with the J (full-day academic support and after care during virtual learning), after school, adaptive swim, Camp Yachad Shadow Program (campers ages 2-13), Camp Yachad Skills Training Program (paid vocational training internship) and other programs.

Beth Mitchell, Director of Inclusion and Diversity

bmitchell@jccnj.org

www.jccnj.org

(908) 889-8800 x203

1391 Martine Avenue Scotch Plains, NJ 07076

JCC MetroWest

Offering 21+ day habilitation, evening and weekend programs as well as summer camp and gym memberships.

Marisa Cohen, Director Special Needs Services

mcohen@jccmwsupports.org

www.jccmetrowest.org

(973) 530-3478

760 Northfield Avenue West Orange, NJ 07052



Shimon and Sara Birnbaum Jewish Community Center

The Special Services Department at the Shimon and Sara Birnbaum Jewish Community Center in Bridgewater, NJ offers social and enrichment programs for children and adults with special needs. JCC Camp Ruach, the JCC's summer day camp, offers a special needs camp for ages 5 and up.

Ellie Willoughby, Special Services Director

ewilloughby@ssbjcc.org

www.ssbjcc.org

(908) 443-9029

775 Talamini Road Bridgewater, NJ 08807

Occupational, Physical and Speech-Language Therapy

Kean University Occupational Therapy Community Cares Clinic (KUOT-CCC)

KUOT-CCC treats individuals of all ages and abilities to maximize their participation in meaningful activities. Clients will receive a comprehensive evaluation with recommendations for further treatment. KUOT-CCC offers individualized treatment as well as therapeutic groups and special programs.

Kelly Sullivan

otclinic@kean.edu

<http://otclinic.kean.edu/>

(908) 737-5940

Kean University

Nathan Weiss Graduate College, East Campus
215 North Avenue, Suite 161 Hillside, NJ 07205

MBG Therapy, PA

Speech, occupational and physical therapy services provided at the school, home, or facility of your choice. We offer private therapy services, independent evaluations and placements for therapists to various facilities.

Marissa Vastoler

mbgtherapy@gmail.com

www.mbgtherapy.com

(201) 655-2738

7 Amy Drive Westfield, NJ 07090



Sensational Therapies

Sensational Therapies is a pediatric occupational therapy and physical therapy private practice that serves children, newborn through teenage years. We offer a wide range of services to address sensory processing, motor coordination and fine motor and gross motor development.

Jodi Prupis

sensationaltherapiesnj@gmail.com

www.sensationaltherapies.com

(973) 376-0055

748 Morris Turnpike, Suite 205 Short Hills, NJ 07078

The Therapy Garage PC

We are a client-centered therapy practice offering pediatric occupational therapy, physical therapy, speech language pathology, Applied Behavioral Analysis and social skills groups. We are dedicated to creating a nurturing and enriching environment where your child can explore and develop the skills necessary for success at home, in school and in everyday life.

Regis Quirin

regis@thetherapygarage.com

www.thetherapygarage.com

(908) 233-0100

560 Springfield Avenue Westfield, NJ 07090

Personal Training

Leo Hoy Fitness

Certified Autism Fitness Practitioner. One-to-one personal training for children and young adults with autism and other developmental challenges. Provide functional individual training in cardiovascular, coordination, balance and strength.

Leo Hoy

leo-hoy@hotmail.com

(908) 451-7644

534 4th Avenue Garwood, NJ 07027



Respite Care

Friendship Circle

Engaging children and teens with special needs through a full range of experiences, providing families with respite and support.

Toba Grossbaum

toba@fcnj.com

www.friendshipcircle.org

(973) 251-0200

10 Microlab Road Livingston, NJ 07039

Social Workers

Robyn Krugman, LCSW

Therapy for adolescents and their families and adults struggling with mental health issues. Specialties include depression, anxiety, relationship concerns and parenting of special needs children. I offer telehealth and in-person sessions to be able to accommodate clients' needs and schedules.

Robyn Krugman

robynkrugmanlcsw@gmail.com

www.robynkrugmanlcsw.com

(908) 445-5531

551 Park Avenue Scotch Plains, NJ 07076

Special Education Schools

Flex School

Private school for 2e students

Jacqui Byrne

jacqui@flexschool.net

www.flexschool.net

(908) 322-0554

34 Russo Place Berkeley Heights, NJ 07922



Honor Ridge Academy

Honor Ridge Academy is a New Jersey state-approved private school for students with disabilities, located in Clark, New Jersey, and has earned accreditation by Middle States Association Commission of Elementary and Secondary Schools. For more than 40 years, we have been committed to life-changing special education services for students in grades K-12 with social, emotional, learning and behavioral disabilities. We offer a rigorous academic program and highly individualized instruction that provides our students with a solid foundation on which to build their future. Our rich array of therapeutic and behavioral supports, provided by experienced educators in a family-like environment, offer children, adolescents, and young adults – and their families – hope.

Honor Ridge Academy offers students a new perspective so they can see a new future.

Maria Torres

info@HonorRidge.org

<https://honorridge.org>

(732) 827-5885

342 Madison Hill Road Clark, NJ 07066

The Alliance of Private Special Education Schools of North Jersey

Formed in 2011, we are an alliance of more than 30 state-approved private special education schools in northern and central New Jersey dedicated to helping parents and educators better understand and access appropriate program options in special education. We collaborate with parents and public school educators; we are an expert resource for those seeking to serve students with complex needs. We offer information, referral, 1:1 advocacy support, training and conferences, an annual resource fair, scholarships and a speakers bureau. Our website has a “school finder” feature that can help visitors find the right school in their geographic area.

Joanne DeSimone

outreach@specialeducationalliancenj.org

<https://specialeducationalliancenj.org>

(973) 407-0596

170 Changebridge Road, C5-3 Montville, NJ 07045

The Arc of Union County – Children Services

Kohler Academy serves children ages 3 to 21 years old with special needs; additionally early intervention, Smart Start (an inclusive pre-school program) and respite services are provided.

Donna Kell

dkell@arcunion.org

www.arcunion.org

(908) 232-0388

1137 Globe Avenue Mountainside, NJ 07092



The Forum School

The Forum School is a New Jersey state-approved private, non-profit school serving children with autism and related learning, language, behavioral and social challenges who have not been successful in a public school setting. Most students are placed with us as part of the IEP process and therefore, attend at no cost to parents. The Forum School was founded by parents, and today families and caregivers continue to be an integral part of our school community. We use a combination of behavioral and psycho-educational approaches within a structured, yet nurturing developmentally stimulating curriculum appropriate to each student's level.

Brian Detlefsen, Director
info@theforumschool.com
<https://theforumschool.com>
(201) 444-5882
107 Wyckoff Avenue Waldwick, NJ 07463

Special Needs Lawyers

Freeman Law Offices, LLC

Law firm that specializes in advocating for individuals with special needs across their lifespan, including IEPs, 504 Accommodation Plans, guardianship, SSI/Medicaid, special needs trusts and adult services.

Hillary Freeman, Esq.
hillary@freemanlawoffices.com
www.freemanlawoffices.com
(609) 454-5609
103 Carnegie Center, Suite 300 Princeton, NJ 08540

Hinkle Prior & Fischer, Attorneys at Law

Our entire practice focuses on serving people with disabilities and their families.

Kristina Tosti
kristina@hinkle1.com
hinkle1.com
(609) 896-4200
2651 Main Street Lawrenceville, NJ 08648

Lascari Law

Lawyer for special education, school discipline, guardianships, wills and special needs trusts.

Sandra Lascari
Lascarilaw@gmail.com
www.lascarilaw.com
(973) 377-6725
80 Greenwood Avenue Madison, NJ 07940



Lori E. Arons, Attorney at Law

Special education lawyer

Lori Arons

Loriarons@aol.com

www.Specialeducationlawyernj.com

(201) 388-9533

One University Plaza, Suite 401 Hackensack, NJ 07601

Manes & Weinberg, LLC

Special needs lawyers

Johnny Hagy

johnny@manesweinberg.com

www.manesweinberg.com

(973) 376-7733

802 South Avenue West Westfield, NJ 07090

Parles Rekem, LLP

Attorney/law office

Denise Dimson Rekem, Esq.

denise@parlesrekem.com

www.parlesrekem.com

(973) 564-0055

675 Morris Avenue, 3rd Floor Springfield, New Jersey 07081

Support Coordination and Programming

Amazing Supports

Amazing Supports (AS) is a support coordination agency providing services in Bergen, Burlington, Camden, Essex, Hudson, Middlesex, Monmouth, Morris, Passaic, Somerset and Union counties. AS is able to accommodate both English and Spanish speaking families. Our support coordinators have vast amounts of experience working with families to access meaningful resources in their communities. Get in touch to learn more about how this service can help you.

Gabriela Burgos

info@amazingsupports.org

www.amazingsupports.org

(908) 219-9026

59 Main Street, Suite 311 West Orange, NJ 07052



Community Access Unlimited

Helping people achieve independence in the community since 1979. CAU supports people with disabilities, youth at-risk and people with affordable housing needs with DDD support coordination, housing, life skills, employment, personal finance, personal goals, civic engagement and much more!

Intake Department

info@caunj.org

caunj.org

(908) 705-6472

80 West Grand Street Elizabeth, NJ 07202

Jewish Family Services of Central New Jersey

Provides support groups for parents and caregivers of children and adults with disabilities. Provides mental health counseling to caregivers and family members of adults with disabilities. JFSCNJ provides support coordination services to adults over 21, eligible through the state of NJ Department of Developmental Disabilities.

Andrea LoPresti, LCSW

alopresti@jfscentralnj.org

www.jfscentralnj.org

(908) 352-8375

655 Westfield Avenue Elizabeth, NJ 07208

Jewish Family Services of MetroWest New Jersey

Provides support coordination and Coordinated Care of MetroWest, disability services. for individuals at any stage.

Danielle Weiss, Support Coordination Supervisor

dweiss@jfsmetrowest.org

www.jfsmetrowest.org

(973) 637-1709 or (973) 765-9050

256 Columbia Turnpike, Suite 105 Florham Park, NJ 07932

PRISM Support Services

We are a DDD support coordination agency providing support coordination services throughout New Jersey. We have been providing support coordination since 2014 and self-approve our own plans as a result of doing high quality work. Our staff is experienced and effective in meeting our clients' needs. We are accepting new clients throughout New Jersey.

Ian Griffiths

(609) 498-7760

igriffiths@prismsupportservices.com

www.prismsupportservices.com

3525 Quaker Bridge Road, Suite 4300 Hamilton, NJ 08619



Supported Employment

AbilityMatch

Employment placement services for adults with disabilities (ages 21 and up).
We match clients with inclusive-minded employers.

Josh Bornstein, Owner
abilitymatch@gmail.com
www.abilitymatch.work
(718) 644-9263
4 Rutgers Road Cranford, NJ 07016

Jewish Vocational Service

Providing people with disabilities the individualized assistance necessary to enable them to be successful in the workforce through career discovery, transition services and vocational evaluations.

Rebecca Shulman, Senior Program Director
rshulman@jvsnj.org
www.jvsnj.org
(973) 674-6330
83 Walnut Street Montclair, NJ 07042

Supported Community Living

JESPY House

JESPY House supports adults with intellectual and developmental disabilities between the ages of 18 and 73 in the areas of developing life skills, work readiness and employment, recreation, athletics, behavioral health and advancing independence.

Frank Bresnick
fbresnick@jespy.org
www.jespy.org
(973) 762-6909, extension 302
102 Prospect Street South Orange, NJ 07079



Synagogues and Religious Programs

Congregation Beth Israel

Works with families to make sure that each student's needs are met not just on an individual basis but on a community level as well. Giving those students who need one on one support throughout their class experience, both in person and virtual, and working with our teachers and other support staff to ensure that classes are accessible and welcoming to all students' needs.

Aviva Tilles

school@cbisp.org

www.cbinj.org

(908) 889-1830

18 Shalom Way Scotch Plains, NJ, 07076

Temple Beth Ahm Yisrael

Temple Beth Ahm Yisrael provides each person with assistance according to their need, such as large print Siddurim and Machzorim, and elevators for entry both into the sanctuary and onto the Bimah for wheelchair-bound worshipers and instruction for students of all learning types.

Tracey Shenker, Executive Director

Rabbi Adrienne Rubin

execdirector@tbaynj.org

rabbirubin@tbaynj.org

www.tbaynj.org

(973) 376-0539

60 Temple Drive Springfield, NJ 07081

Temple Emanu-El

Temple Emanu-El follows a proud tradition of Reform Judaism with a focus on Torah and worship, education, social action, Jewish culture, Israel and leadership. We work to build meaningful connections through Jewish values, celebrating each person's unique journey. We strive to be a compassionate and spiritual community dedicated to inclusion. Inclusion programming is available in our early childhood program. Religious school education for children ages 5 and older with special needs are taught by a certified special education teacher through our Ma'ayan special needs program.

Jackie Grussgott, Communications and Membership Manager

jgrussgott@tewnj.org

www.tewnj.org

(908) 232-6770

756 East Broad Street Westfield, NJ 07090



Temple Sholom

Temple Sholom is a Reform Jewish congregation that welcomes traditional and non-traditional families and individuals. Our congregation aspires to create a warm and caring atmosphere that fosters inclusiveness and community.

Barbara Cooke

office@sholomnj.org

www.sholomnj.org

(908) 889-4900

1925 Lake Avenue Scotch Plains, NJ 07076

Transportation Training

New Jersey Travel Independence Program (NJ TIP @ Rutgers)

NJTIP @ Rutgers teaches people with disabilities and others how to travel safely and independently on buses, trains, light rail, county and private systems. We offer individual and group travel training and seminars on accessible mobility options in NJ.

Karen Alexander, Managing Director

njtip_info@njtip.rutgers.edu

<http://vtc.rutgers.edu/njtip>

(848) 932-4499

NJTIP @ Rutgers

Alan M. Voorhees Transportation Center

Edward J. Bloustein School of Planning & Public Policy

Rutgers, The State University of New Jersey

33 Livingston Avenue, Room 464 New Brunswick, NJ 08901

Virtual Learning Support and After Care

All Day at the J and After Care

All Day at the J provides childcare and support during online learning hours and aftercare for students. Our All Day and After School with the J staff provide school-aged students, including children with IEPs and 504 Plans, with remote learning support and recreational activities during virtual and hybrid learning. IEP and 504 Plan support services, including speech therapy, occupational therapy and counseling services are coordinated with our staff to ensure that children are actively participating in their related services.

Holly Friedman, Director of After School Services

hfriedman@jccnj.org

www.jccnj.org

(908) 889-8800 x264

1391 Martine Avenue Scotch Plains, NJ 07076



**Beth Mitchell, M.A. CCC-SLP (she, her, hers)
Director of Inclusion and Diversity
bmittell@jccnj.org • 908-889-8800 x203**

1391 Martine Avenue, Scotch Plains, NJ 07076

